

STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: May 3-10, 2025

**Saturday
May 3** HS Cornhusker State Trap - Senior Handicaps @ Doniphan
Pioneer Conf. Track @ Pawnee City - 9AM - Bus/Van leaves @ 7:07AM - Schedule on back

**Sunday
May 4** Youth Sports Association Meeting - 7PM in the Cafeteria

**Monday
May 5** Breakfast: Pop Tart, Boiled Egg, Sausage
Lunch: Corn Dog
FFA Petting Zoo from 9AM-12PM
WIN - 4th period
TRACK PRACTICE after school
NHS Induction - 6PM / Awards Banquet - 7PM - GYM

**Tuesday
May 6** Breakfast: Oatmeal, Ham, Cheese Stick
Lunch: Biscuits & Gravy, Eggs, Ham
WIN - 3rd period
Freeman Invite - 8:30AM - Bus/Van leaves @ 7:03AM - Schedule on back
G/B (Grades 3-8) 3 vs. 3 BB Night - 5:30 - 6:30PM - GYM

**Wednesday
May 7** **NO PRESCHOOL - - SENIORS LAST DAY - Hallway walk @ 8AM!!!**
Breakfast: Donut, Bacon
Lunch: Chicken Tenders, Mac & Cheese
FFA Meeting - 7:15AM
WIN - 2nd period
Kin/2nd Grade Field Trip to Tree Adventure in Nebraska City - Bus leaves @ 8:15AM
4th Grade Field Trip to State Capitol - Vans leave @ 8:30AM
TRACK PRACTICE after school
Cheer Tryouts from 6-7:30PM - GYM

**Thursday
May 8** Breakfast: Breakfast Dog, Yogurt
Lunch: Taco, Rice
WIN - 1st period
College Visit to UNK - Bus leaves @ 7:30AM
TRACK PRACTICE after school
HS Pops Concert @ 7:30PM - GYM

**Friday
May 9** Breakfast: Cereal, Ham
Lunch: Salisbury Steak, Mashed Potatoes
WIN - 8th period
(FFA Petting Zoo Rain Date)
TRACK PRACTICE after school

**Saturday
May 10** GRADUATION - 2PM - GYM
Pioneer Conf. JH Track @ Lewiston - 8:30AM - Bus leaves @ TBA

**This institution is an equal opportunity provider *Menu is subject to change without notice *Breakfast served with Fruit, Milk/Juice *Lunch served with Fruit, Veggies, Salad Bar, Milk*

IMPORTANT DATES: MAY 2025

10 Graduation @ 2PM
 14 (PreK) Last Day of School & Graduation
 21 (K-11) Last Day - 1:37PM Dismissal

SAFE AT PLAY...

Playtime is a perfect opportunity to practice **SAFETY**. Remind your child to take turns, follow playground rules, and think before acting. Whether at school or home, being **SAFE** helps everyone have fun together!

[JET APPAREL STORE](#)[JET BLANKETS](#)[PLAYGROUND FUNDRAISER](#)

PIONEER CONF. HS TRACK

5/3/25 @ PAWNEE CITY

9AM - FIELD EVENTS**Series I**

Boys Discus
 Girls Discus
 Girls Long Jump
 Boys Triple Jump
 Boys High Jump
 Girls Pole Vault

Series II

Girls Shot Put
 Boys Shot Put
 Boys Long Jump
 Girls Triple Jump
 Girls High Jump
 Boys Pole Vault

12PM - RUNNING EVENTS

3200 Meter Relay	Finals
100/110 Meter Hurdles (33"/39")	Prelims
100 Meter Dash	Prelims
400 Meter Dash	Finals
3200 Meter Run	Finals
200 Meter Dash	Prelims

Break - (30 Minutes or as needed)

100/110 Meter Hurdles (33"/39")	Finals
100 Meter Dash	Finals
800 Meter Run	Finals
300 Meter Hurdles (30"/36")	Finals
200 Meter Dash	Finals
1600 Meter Run	Finals
400 Meter Relay	Finals
1600 Meter Relay	Finals

FREEMAN HS TRACK

5/6/25 @ ADAMS

1st Session**2nd Session****8:30AM**

Pole Vault	Girls	Boys
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9AM - FIELD EVENTS

Shot	Girls	Boys
Discus	Boys	Girls
Long Jump	Boys	Girls
Triple Jump	Girls	Boys
High Jump	Boys	Girls

12PM - RUNNING EVENTS

Girls followed by Boys

3200 Meter Relay	Finals
100/110 Meter Hurdles	Prelims
100 Meter Dash	Prelims
400 Meter Dash	Finals
3200 Meter Run	Finals
200 Meter Dash	Prelims

BREAK

100/110 Meter Hurdles	Finals
100 Meter Dash	Finals
800 Meter Run	Finals
300 Meter Hurdles	Finals
200 Meter Dash	Finals
1600 Meter Run	Finals
400 Meter Relay	Finals
1600 Meter Relay	Finals

FCA & LL**End of the Year Picnic****Thursday, May 15th at 6:00pm****Sterling Park**

All coaches and students grades 7-12 welcome!

